

## Gratitude scavenger hunt

Can you find something that . . .



- Makes you happy
- □ You love to smell
- □ You enjoy looking at
- □ Will make someone smile
- □ In your favourite colour
  - □ Makes you feel safe
- Has a beautiful sound
  - Useful for you

- Makes you laugh
- You enjoy in the morning
  - ☐ You enjoy at night
- You enjoy doing outside
- You enjoy doing in the house
- □ Brings back good memories
  - □ Keeps you healthy
    - □ Tastes good







