



easter activity ideas



FOR YOUR MUMS AT THE TABLE GROUP

EASTER ACTIVE CHALLENGE

An Easter activity to get the kids moving and thinking

WHAT YOU'LL NEED

- Plastic Easter eggs
- Paper + pens
- Simple obstacle props (chairs, cushions, cones, hoops)
- Picture clues for younger kids

STEP 1: CREATE A SIMPLE OBSTACLE COURSE

Keep it easy and age-appropriate.

For example:

- Hop like a bunny
- Crawl under a table
- Jump over cushions
- Balance along a line
- Toss a ball into a bucket

STEP 2: ADD CHALLENGES INSIDE THE EGGS

For example:

Older kids (reading age)

- Name 10 dog breeds in 30 seconds
- List 5 green things
- Do 15 jumping jacks
- Name 5 farm animals

Younger kids (pre-readers)

- Name 5 animals from pictures
- Identify 4 colours
- Find 3 shapes in the room
- Make animal sounds

HOW TO PLAY

1. Complete the obstacle course.
2. Pick an egg.
3. Complete the challenge.
4. Reward with stickers, stamps or high fives instead of chocolate.

CRAFT IDEAS



Painting plaster moulds



Foam egg painting

BAKING IDEAS: CARROT CAKE MUFFINS



FREE RESOURCES (BIBLE SOCIETY BOOKS)

Bible Society Australia and New Zealand usually offers free, limited-run children's Easter books and resources, often in packs of 100 for churches and schools. Sign up to receive notification when it's available:



Australia: <https://www.biblesociety.org.au/whoeaster/>
New Zealand: <https://biblesociety.org.nz/very-first-easter/>