

Mother's Day activity ideas

FOR YOUR MUMS AT THE TABLE GROUP

SPECIAL EVENT IDEAS

Family photoshoot



- Set up a backdrop (above photo for inspiration)
- Have a dedicated photographer. This could be a church member with photography skills or use polaroid cameras instead)
- Mums receive a free photo print-out and/or a digital version (good excuse to obtain their email addresses to keep in touch)
- Consider setting up a craft or activity station for the kids while mums get their individual portraits done
- Offer light refreshments

Sit-down breakfast



- Enlist volunteers from church (teens? Pathfinders?) to help serve and cook
- **Suggested menu:** Scrambled eggs, roasted tomatoes, croissants, muesli, fruit, yoghurt, cheese platters, crackers and dips, muffins, slices, waffles and drinks

- Contact local businesses for potential sponsorship of prizes or breakfast ingredients
- **Suggested program (have a MC who runs the program):** Ice breaker to help mums to get to know each other; a short talk that's focused on mums; door gifts (eg voucher for mum with most children etc); invitation to join church service or other church programs (Pathfinders for kids, Bible study, etc.)
- **Decorations:** purchase from Kmart, Aliexpress, Temu
- **Attendance:** Aim for 50/50 church ladies to community ladies
- Greet everyone at door
- Offer pampering stations for mums to get neck and shoulder massages
- Option for table games

PLAYGROUP CRAFT IDEAS

- Kids to make gifts and cards for mums
- Fresh flower bouquet pots for kids to choose to paint and gift mum



GIFT IDEAS

- DIY bath salts



Set up a table with tubs of bath salt ingredients (dried flowers, essential oils, etc.)

- DIY floral crowns
- Custom-made keyrings (with Mums At The Table logo)
- Insulated mugs